

TROOP FOUR - MILFORD MA

SHORT TERM (1 OR 2 NIGHT) BACKPACKING PERSONAL GEAR CHECKLIST

Scouts must leave room in their packs for patrol gear and food. We will make sure that each scout carries only the proper/comfortable weight. Only one of each item listed below should be brought on the trip unless otherwise noted. The troop provides tents, backpacking stoves, backpacking lanterns, and cooking equipment. All personal gear must be firmly attached to or in the backpack. If the pack seems empty or light - that is good - the less weight the better!

- backpack
- sleeping bag. If you do not have a waterproof pack cover, or the sleeping bag doesn't come in a waterproof stuff sack, then wrap it in a garbage bag
- small pocket knife**
- poncho or lightweight raincoat**
- canteen filled with water. If the canteen holds less than 2 quarts, bring another to equal at least 2 quarts.**
- small flashlight or headlamp that works (extra batteries)
- matches in a waterproof baggie or container
- compass**
- personal medication (if needed) in a plastic bag (Troop will bring a first aid kit for all)
- very simple mess kit consisting of (not the whole kit, just these parts only):
 - spoon or fork
 - bowl or plate
 - cup
- industrial garbage bag big enough to fit over your backpack, or a backpack cover
- one pair of gloves and winter hat
- toothbrush, small washcloth, tiny bit of soap (sample size shampoo works good)
- small buy spray and/or suntan lotion depending on season – not needed in late fall/winter.

A patrol kit with the following will be issued to each patrol. Scouts need not bring these items.

- toothpaste
- toilet paper / cat-hole shovel
- cooking pot, cooking utensils, and dish cleaning supplies

Wear:

- hat with a brim (baseball cap is good)
- hiking shoes or strong sneakers, with good hiking socks
- Fall/winter/spring: nylon or synthetic pants Summer: wear shorts, pack pants
- Fall/winter/spring: long sleeve shirt (synthetic) Summer: wear T-shirt, pack long sleeve
- winter shell/coat (depending on season)

Pack:

- synthetic or wool sweater
- Fall/winter/spring: extra long sleeve shirt (synthetic) Summer: extra t-shirt
- Fall/winter/spring: extra nylon or synthetic pants Summer: extra shorts
- 3 pairs of heavy socks that cover at least over the top of the shoe/boot.
- underwear (or long underwear depending on the weather)

Optional Personal Equipment:

- watch, camera, sunglasses
- small foam pad or inflatable air mattress for sleeping
- lightweight camp shoes (something dry/light to use instead of wet hiking boots at night)

** For new scouts - you can get this equipment at a discount store (Wal-mart, K-mart) for about \$ 5.00 or less and it will work great on the trip.

Avoid backpacking with cotton clothes. When cotton gets wet, it stays wet and cold.
SPL, ASPL, JASMs and Patrol leaders should bring a very small pad of paper and pen.

Revised 10/09