TROOP FOUR - MILFORD MA
SHORT TERM (1 OR 2 NIGHT) BACKPACKING PERSONAL GEAR CHECKLIST

Scouts must leave room in their packs for patrol gear and food. We will make sure that each scout carries only the proper/comfortable weight. Only one of each item listed below should be brought on the trip unless otherwise noted. The troop provides tents, backpacking stoves, backpacking lanterns, and cooking equipment. All personal gear must be firmly attached to or in the backpack. If the pack seems empty or light - that is good - the less weight the better!

___ backpack
___ sleeping bag. If you do not have a waterproof pack cover, or the sleeping bag doesn’t come in a waterproof stuff sack, then wrap it in a garbage bag
___ small pocket knife**
___ poncho or lightweight raincoat**
___ canteen filled with water. If the canteen holds less than 2 quarts, bring another to equal at least 2 quarts.**
___ small flashlight or headlamp that works (extra batteries)
___ matches in a waterproof baggie or container
___ compass**
___ personal medication (if needed) in a plastic bag (Troop will bring a first aid kit for all)
___ very simple mess kit consisting of (not the whole kit, just these parts only):
   - spoon or fork
   - bowl or plate
   - cup
___ industrial garbage bag big enough to fit over your backpack, or a backpack cover
___ one pair of gloves and winter hat
___ toothbrush, small washcloth, tiny bit of soap (sample size shampoo works good)
___ small buy spray and/or suntan lotion depending on season – not needed in late fall/winter.

A patrol kit with the following will be issued to each patrol. Scouts need not bring these items.
   - toothpaste
   - toilet paper / cat-hole shovel
   - cooking pot, cooking utensils, and dish cleaning supplies

___ Wear:
   ___ hat with a brim (baseball cap is good)
   ___ hiking shoes or strong sneakers, with good hiking socks
   ___ Fall/winter/spring: nylon or synthetic pants
   ___ Fall/winter/spring: long sleeve shirt (synthetic)
   ___ winter shell/coat (depending on season)

___ Pack:
   ___ synthetic or wool sweater
   ___ Fall/winter/spring: extra long sleeve shirt (synthetic)
   ___ Fall/winter/spring: extra nylon or synthetic pants
   ___ 3 pairs of heavy socks that cover at least over the top of the shoe/boot.
   ___ underwear (or long underwear depending on the weather)

Optional Personal Equipment:
   - watch, camera, sunglasses
   - small foam pad or inflatable air mattress for sleeping
   - lightweight camp shoes (something dry/light to use instead of wet hiking boots at night)

** For new scouts - you can get this equipment at a discount store (Wal-mart, K-mart) for about $5.00 or less and it will work great on the trip.

Avoid backpacking with cotton clothes. When cotton gets wet, it stays wet and cold.
SPL, ASPL, JASMs and Patrol leaders should bring a very small pad of paper and pen. Revised 10/09